

Child Care Health Consultation Lesson Plan

Contractor Name: Standard Lesson Plan

Date Submitted: January 15, 2015

☐ **Children's Health Promotion**

Adult Training on Content Area V: Health and Safety	Health and Safety Standards	Training Levels
<i>Select one standard and one level</i>	<input checked="" type="checkbox"/> Promoting Risk Management Practices	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
	<input type="checkbox"/> Protecting Children and Youth	Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011
	<input type="checkbox"/> Promoting Physical Health	
	<input type="checkbox"/> Promoting Mental Health	
	<input type="checkbox"/> Promoting Healthy Eating	

Title: Effects of Substance Use/abuse During Pregnancy

Training Goal: Child Care providers will recognize substances that have adverse effects for children born of women who use them during pregnancy

Learning Objective(s): Participants will

- Become familiar with common substances that are harmful if used during pregnancy
- Gain tips for making referrals to community resources

Topical Outline of Content	Training Method(s)	Time (in minutes)
Commonly used/misused/abused substances and their effects: <ul style="list-style-type: none"> Tobacco Fetal Alcohol Spectrum Disorders Fetal Alcohol Effects Fetal Alcohol Syndrome Illicit Drugs Medications 	Lecture/Discussion	40
Providers' role <ul style="list-style-type: none"> Support of children with special needs Know your community resources 	Lecture/Discussion	10
Resources	Lecture/Q&A	10

Method(s) of Outcome Evaluation: Provider participation in discussion/scenarios; Q&A

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APPROVED FOR 1.0 CLOCK HOURS

Date Approved:
January 15, 2015

Authorized Approval Signature:



Date Expires:
January 2018